

How to Inject Dawnzera®

(donidalorsen) — Self-Injection Guide for HAE Prevention



SCAN FOR FULL GUIDE

THE IMMUNE CONNECTION

HAE attacks occur when the contact-kinin pathway spins out of control, flooding tissue with bradykinin and causing rapid swelling. Dawnzera targets the root of this cascade — it reduces prekallikrein production in the liver so there is less fuel for attacks to start.

WHAT IS DAWNZERA?

Dawnzera is a subcutaneous (under-the-skin) injection approved for adults and adolescents 12 and older to prevent HAE attacks. It comes as a single-dose autoinjector and is given on a regular schedule, not during an attack.

This is a preventive medication — not a rescue treatment: Dawnzera prevents attacks but will NOT stop one that has already started. Always keep your on-demand HAE treatment (icatibant, C1-INH, or ecallantide) available in case of a breakthrough attack.

YOUR DOSING SCHEDULE

Standard: 80 mg (one autoinjector) every 4 weeks

Your doctor may change this to every 8 weeks once your HAE is well-controlled. Inject on the same day each cycle to help you remember.

If you miss a dose:

Inject as soon as possible, then resume your regular schedule counting from that date.

BEFORE YOU INJECT

- 1 Remove the autoinjector from the refrigerator 30 minutes before use to reach room temperature. Do not heat or microwave it.
- 2 Do not freeze. Keep in original carton until use.
- 3 Check the liquid through the viewing window: it should be clear and colorless to yellow. Do not use if cloudy, discolored, or has particles.
- 4 Check the expiration date. Do not use if expired.
- 5 Gather supplies: alcohol wipe, cotton ball or gauze, sharps disposal container.

SIDE EFFECTS

Most common: injection site reactions (redness, pain, or itching — usually mild and resolve on their own), upper respiratory infection, urinary tract infection, and abdominal discomfort. Your provider may order blood tests to monitor your platelet count and liver function. Call right away if you notice unusual bruising or yellowing of skin or eyes.

WHY VEROS HEALTH?

- ✓ Hands-on self-injection training from our nursing team before you start at home.
- ✓ Direct access to your care team for technique questions, monitoring, or scheduling.
- ✓ Whole-patient HAE management, coordinated across our multi-specialty team.
- ✓ 30+ years of immune expertise — IMMUNOe Health & Research.

CHOOSING AN INJECTION SITE

Abdomen (belly):

Avoid the 2-inch area around your belly button.

Front of upper thighs:

A good option for self-injection.

Back of upper arm:

Only if a caregiver or healthcare provider is giving the injection.

- Rotate your injection site each time.
- Do not inject into skin that is tender, bruised, red, hard, scarred, or has stretch marks.

HOW TO GIVE THE INJECTION

Your provider will train you before your first self-injection. These are a general guide — always follow the Instructions for Use in your Dawnzera carton.

- 1 Wash your hands thoroughly with soap and water.
- 2 Clean the injection site with an alcohol wipe; let air dry completely.
- 3 Remove the cap as shown in your Instructions for Use.
- 4 Place the autoinjector flat against your skin at the chosen site.
- 5 Press and hold firmly — you will hear a click when the injection starts.
- 6 Keep holding until complete (listen for a second click or check the window).
- 7 Lift the autoinjector straight off your skin.
- 8 If bleeding, press gently with cotton or gauze. Do not rub.

AFTER THE INJECTION

- Place the used autoinjector in a sharps disposal container immediately.
- Do not recap, reuse, or throw in household trash.

STORAGE

Refrigerator (preferred):

Store at 36°F-46°F (2°C-8°C) in the original carton. Do not freeze.

Room temperature option:

May be kept up to 86°F (30°C) for up to 6 weeks. Discard if not used within 6 weeks of removing from the refrigerator. Do not expose to heat or direct light.

Serious allergic reaction — get emergency help: Stop using Dawnzera and call 911 if you develop rash or hives, trouble breathing, fainting or dizziness, swelling of face/lips/tongue, chest pain, or severe itching. Do NOT use Dawnzera again if you have ever had a serious allergic reaction to it.