



How to Inject Icatibant for Acute HAE Attacks

Rescue treatment for acute hereditary angioedema (HAE) attacks

WHAT IS ICATIBANT?

Icatibant is a medicine that blocks the action of bradykinin — a substance in your body that causes the swelling, inflammation, and pain during a hereditary angioedema (HAE) attack. Icatibant is used to treat acute HAE attacks in adults 18 years of age and older. It comes as a single-dose, prefilled syringe.

ON-DEMAND (RESCUE) MEDICATION

Icatibant is **not** a daily or preventive medication. Use it only when you feel an HAE attack starting. Inject as soon as you recognize symptoms — the sooner you treat, the faster symptoms may improve.

YOUR DOSE

- **Standard dose:** 30 mg (one full prefilled syringe), injected under the skin of your abdomen (belly).
- **If symptoms don't improve or return:** you may give another 30 mg injection, but wait at least **6 hours** between injections.
- **Maximum:** no more than **3 injections (90 mg total)** in any 24-hour period.

BEFORE YOU INJECT

- Icatibant can be stored at room temperature (36°F to 77°F / 2°C to 25°C) — no need to warm it up first.
- Do not freeze. Keep it in the carton until ready to use.
- The liquid should be clear and colorless — do not use if cloudy, discolored, or has particles.
- Check the expiration date. Do not use if expired.
- Gather supplies: the prefilled syringe, the provided 25-gauge needle, an alcohol wipe, gauze, and a sharps container.

CHOOSING AN INJECTION SITE

- **Abdomen (belly) only** — the only recommended site for injection.
- Choose a spot at least 2 inches away from your belly button.
- Avoid skin that is tender, bruised, red, hard, or scarred.
- Rotate your injection spot each time.

HOW TO GIVE THE INJECTION

- 1 Wash your hands thoroughly with soap and water.
- 2 Attach the needle: take the provided 25-gauge needle from its packaging and screw it securely onto the syringe hub. Do not use a different needle.
- 3 Clean the injection site with an alcohol wipe and let it air dry.
- 4 Pinch the skin at your injection site to create a fold.
- 5 Insert the needle into the skin fold at about a 45-degree angle.
- 6 Inject slowly — push the plunger down steadily over at least 30 seconds.
- 7 Remove the needle from your skin.

If there is a small amount of bleeding, gently press a cotton ball or gauze over the area. Do not rub.

AFTER THE INJECTION

- Place the used syringe and needle in a sharps disposal container right away.
- Do not recap the needle. Do not reuse the syringe.
- Do not throw the used syringe in household trash.

■ THROAT / LARYNGEAL ATTACKS

If your attack involves your throat or airway (difficulty breathing, voice changes, trouble swallowing): **inject Icatibant immediately**, then **go to the nearest emergency room right away**, even if symptoms start to improve. Throat attacks can be life-threatening — always seek emergency care after treating a throat attack.

SIDE EFFECTS & STORAGE

Almost all patients (97%) have some injection site reaction — redness, swelling, bruising, burning, itching, or pain. These are usually mild and go away on their own. Other possible effects: fever, dizziness or drowsiness (do not drive if affected), rash, or elevated liver enzymes.

Storage: 36°F to 77°F (2°C to 25°C) — refrigerator or room temperature is fine. Do not freeze. Keep in the original carton. Keep out of reach of children.

WHEN TO CALL YOUR VEROS PROVIDER

- ✓ You need more than 3 injections in 24 hours.
- ✓ Symptoms do not improve after treatment.
- ✓ You have any throat or airway symptoms (and are heading to the ER).
- ✓ You experience side effects that concern you.