

How to Inject TAKHZYRO®

(lanadelumab-flyo) — Self-Injection Guide for HAE Prevention



SCAN FOR FULL GUIDE

THE IMMUNE CONNECTION

Hereditary angioedema (HAE) attacks are driven by excess plasma kallikrein activity, which triggers uncontrolled bradykinin production and swelling. TAKHZYRO works by blocking plasma kallikrein directly — helping prevent attacks before they start.

WHAT IS TAKHZYRO?

TAKHZYRO is a prescription medicine given as a shot under the skin (subcutaneous injection) to help prevent attacks of hereditary angioedema (HAE). It is available as a prefilled syringe or a single-dose vial.

YOUR DOSING SCHEDULE

Your doctor will tell you which dose and schedule is right for you. The usual schedule is below.

Ages 12 and older: 300 mg every 2 weeks

Your doctor may change this to every 4 weeks once your HAE has been well-controlled (attack-free) for more than 6 months.

If you miss a dose:

Give the injection as soon as you remember, then continue your regular schedule.

BEFORE YOU INJECT

- 1 Take the prefilled syringe out of the refrigerator 15 minutes before use to let it reach room temperature. Do not heat it or microwave it.
- 2 Do not shake or vigorously agitate the syringe.
- 3 Look at the liquid. It should be clear to slightly opalescent and colorless to slightly yellow. Do not use if discolored or has visible particles.
- 4 Check the expiration date on the label. Do not use if expired.
- 5 Gather your supplies: alcohol wipe, cotton ball or gauze, and a sharps disposal container.

STORAGE

- Store TAKHZYRO in the refrigerator at 36°F to 46°F (2°C to 8°C).
- Keep it in the original carton to protect it from light.
- Do not freeze. Do not shake.

WHY VEROS HEALTH?

- ✓ Hands-on self-injection training from our nursing team before you start at home.
- ✓ Direct access to your care team for questions on technique, side effects, or scheduling.
- ✓ Whole-patient HAE management, coordinated across our multi-specialty team.
- ✓ 30+ years of immune expertise — IMMUNOe Health & Research.

CHOOSING AN INJECTION SITE

- Abdomen (belly)
- Thigh (front)
- Upper arm (back)
- Rotate your injection site each time. Do not inject into skin that is tender, bruised, red, hard, or scarred.

HOW TO GIVE THE INJECTION (PREFILLED SYRINGE)

- 1 Wash your hands thoroughly with soap and water.
 - 2 Clean the injection site with an alcohol wipe and let it air dry.
 - 3 Remove the needle cap from the syringe. Do not touch the needle.
 - 4 Gently pinch a fold of skin at the chosen site.
 - 5 Insert the needle at the angle shown in your device instructions.
 - 6 Slowly push the plunger all the way down to inject the full dose (most patients take 10-60 seconds).
 - 7 Release the skin fold and remove the needle.
- If there is a small amount of bleeding, gently press a cotton ball or gauze over the site. Do not rub the area.

IF USING A SINGLE-DOSE VIAL

Only as instructed by your provider:

- 1 Remove the vial from the refrigerator 15 minutes before use.
- 2 Using an 18-gauge needle, withdraw the prescribed dose from the vial.
- 3 Change the needle to a 27-gauge, ½-inch needle (or another needle suitable for subcutaneous injection) before injecting.
- 4 Inject within 2 hours of preparing the syringe. If not used right away, refrigerate it and use within 8 hours.
- 5 Follow the same injection steps as above.
- 6 Discard any unused medicine remaining in the vial.

AFTER THE INJECTION

- Place the used syringe and needle in a sharps disposal container right away.
- Do not throw the used syringe in the household trash.
- Do not reuse the syringe or needle. Do not recap the needle.

When to call your Veros provider: Call right away if you notice signs of a serious allergic reaction — rash, hives, swelling of the face or throat, or difficulty breathing. Also call with questions about your injection technique or dosing schedule, or if any side effect concerns you.